

Using Storybooks to Teach Children and Adults about Alzheimer's Dementia



Informative Alzheimer's Dementia Website Links

Alzheimer's Association

<https://www.alz.org>

The *Alzheimer's Association* leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

- **Publications:** <https://www.alz.org/help-support/resources/publications>
- **Alzheimer's Disease Facts and Figures:**
 - Alzheimer's Disease 2022 Facts and Figures Video (1 minute): <https://youtu.be/WO2atmDGmal>



- Alzheimer's Disease 2022 Facts and Figures Full Report: <https://www.alz.org/media/Documents/alzheimers-facts-and-figures.pdf>

- Alzheimer's Disease 2022 Facts and Figures Infographic:
<https://www.alz.org/media/Documents/alzheimers-facts-and-figures-infographic.pdf>
- **Parent's Guide:** Helping Children and Teens Understand Alzheimer's Disease:
https://www.alz.org/documents/national/brochure_childrenteens.pdf
- **Kids and Teens:** Books for Kids, Links for Kids, Videos for Kids:
https://www.alz.org/help-support/resources/kids-teens/for_kids
- **50 Activities:** Spending time with a family member or friend in the middle or late stages of Alzheimer's can be meaningful and fun—especially if you take your cue from the person:
<https://www.alz.org/help-support/resources/kids-teens/50-activities>

Alzheimer's Foundation of America

<https://alzfdn.org>

Alzheimer's Foundation of America offers several different support services for caregivers, including resources, professional training and educational opportunities, memory screening program and test, membership and grants, media center, events, and young leadership programs.

- **AFA's National Toll-Free Helpline and Telephone-Based Support Groups:** Staffed entirely by licensed social workers and open seven days a week.
(1-866-232-8484)
- **Care Connection webinars** take place on the second Thursday every month. All webinars are free and open to the public.
<https://alzfdn.org/caregiving-resources/webinars-support-groups>
- The **Alzheimer's Foundation of America Teal Room** is a one-stop for virtual therapeutic activities to enjoy with your loved ones from the safety of your own home. Virtual therapy sessions include Creative arts therapies, Music/performances, Fitness/movement, Art, Recreational activities, Nature-based programming...and much more!
<https://alzfdn.org/afatealroom>

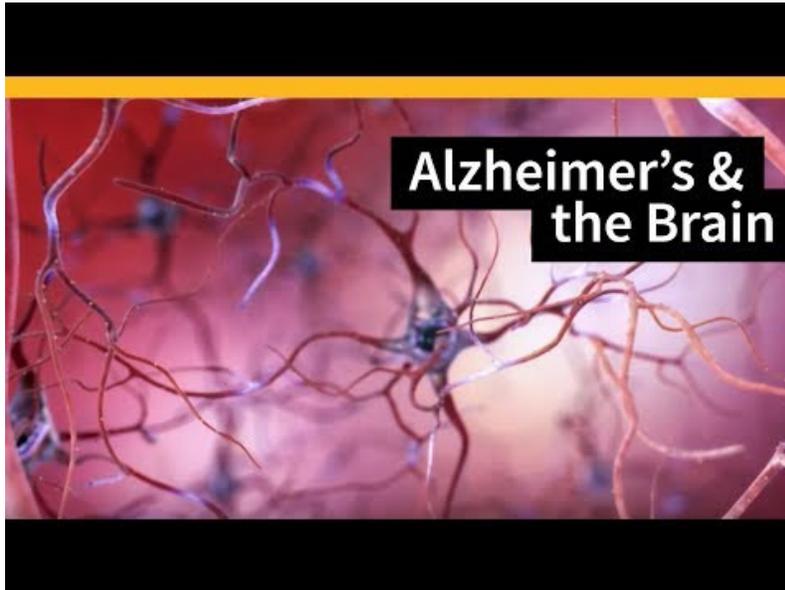
Alzheimer's & Related Dementias Education and Referral (ADEAR) Center, National Institute on Aging

<https://www.nia.nih.gov/health/about-adear-center>

Alzheimer's Disease Education and Referral (ADEAR) Center "compiles, archives, and disseminate information concerning Alzheimer's disease" for health professionals, people with Alzheimer's Dementia and their families, and the public.

- Order Free Publications: <https://order.nia.nih.gov/view-all-publications>

- How Alzheimer's Changes the Brain Video (4 minutes)
<https://youtu.be/0GXv3mHs9AU>



Alliance for Aging Research

<https://www.agingresearch.org>

The **Alliance for Aging Research** is the leading nonprofit organization dedicated to accelerating the pace of scientific discoveries and their application to vastly improve the universal human experience of aging and health. The Alliance believes advances in research help people live longer, happier, more productive lives.

1. What is Alzheimer's Disease? (3 minutes 14 seconds)
<https://www.agingresearch.org/video/quicklookatalzheimers1/>
2. An Urgent Epidemic (2 minutes 25 seconds)
<https://www.agingresearch.org/video/quicklookatalzheimers2/>
3. The Race to the Cure (2 minutes 8 seconds)
<https://www.agingresearch.org/video/quicklookatalzheimers3/>
4. A Message for Patients and their Families (1 minute 14 seconds)
<https://www.agingresearch.org/video/quicklookatalzheimers4/>
5. The Genetics of Alzheimer's (3 minutes 12 seconds)
<https://www.agingresearch.org/video/quicklookatalzheimers5/>

Centers for Disease Control and Prevention

<https://www.cdc.gov/aging/aginginfo/alzheimers.htm>

Alzheimer's Disease and Related Dementias website offered from the Centers for Disease Control and Prevention has a wealth of information on the following:

- What is Alzheimer's Disease?
 - Who has Alzheimer's Disease?
 - What are the warning signs of Alzheimer's disease?
 - What to do if you suspect Alzheimer's disease?
 - How is Alzheimer's disease treated?
 - Support for family and friends
 - What is the burden of Alzheimer's disease in the United States?
 - What is known about reducing your risk of Alzheimer's Disease?
 - Resources on Aging, Alzheimer's Disease and Cognitive Health
- Alzheimer Related Infographics: <https://www.cdc.gov/aging/data/infographic>
 - Memory Loss is Not a Normal Part of Aging Video (42 seconds)
<https://www.youtube.com/watch?v=YhT58SSQrA>

