

Using Storybooks to Teach Children and Adults about Alzheimer's Dementia-**Lesson 1**



Understanding Alzheimer's Dementia

Learning Objectives and Main Points

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View the Video:

Understanding Alzheimer's Impact on Memory & Behavior

Presenter: Vicki Schmall, Emerita Professor of Gerontology, Oregon State University

<https://alzheimers.msuextension.org/alzheimertraining/communitytraining/session/recordings/VickiPresentation.mp4>

Learning Objectives:

- Increase your **knowledge** about what Alzheimer's is, what it does to the brain, and the characteristic stages.
- Advance your **understanding** of changes in memory and behaviors of someone with Alzheimer's.

Main points:

- Alzheimer's is the most common type of dementia.
- Alzheimer's disease involves parts of the brain that control thought, memory, language, reasoning, and social behavior.
- Alzheimer's is a progressive disease beginning with mild memory loss and leading to loss of the ability to continue a conversation (or say "to converse"), respond appropriately, and conduct the simplest tasks.
- In Alzheimer's disease, the death of brain cells causes changes in an individual's personality and behavior.



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Read the Three Articles:

1. [Understanding Alzheimer's Disease: What You Need to Know](#) (National Institute of Aging)
2. [Alzheimer's Disease Fact Sheet](#) (National Institute of Aging)
3. [Helping Memory-Impaired Elders: A Guide for Caregivers](#) (Oregon State University)

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