

Using Storybooks to Teach Children and Adults about Alzheimer's Dementia-**Lesson 3**



Native American Resources for Adults about Alzheimer's Dementia

We were unable to find any storybooks about Alzheimer's disease for Native American children. However, we discovered educational materials for adults about Alzheimer's disease.

Articles

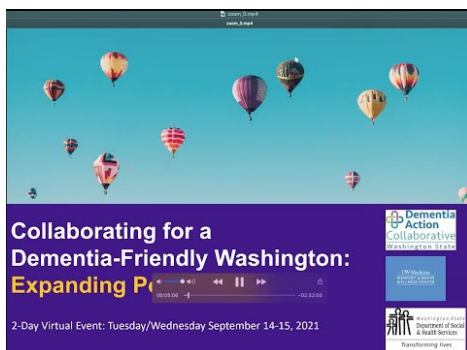
1. Indigenous perspectives on dementia and dementia-friendly communities
<https://depts.washington.edu/mbwc/news/article/indigenous-perspectives-on-dementia>
2. Implementation of the REACH model of dementia caregiver support in American Indian and Alaska Native communities
<https://academic.oup.com/tbm/article-abstract/7/3/427/4644898>

Websites

1. Alzheimer's and Dementia (National Indian Council on Aging, Inc.)
<https://www.nicoa.org/alzheimers-dementia>
2. Native American and Alzheimer's (Alzheimer's Association)
<https://www.alz.org/help-support/resources/native-americans>

Videos

1. Indigenous perspectives on dementia and dementia-friendly communities <https://youtu.be/0wr6QUOayk8>



Toolkits

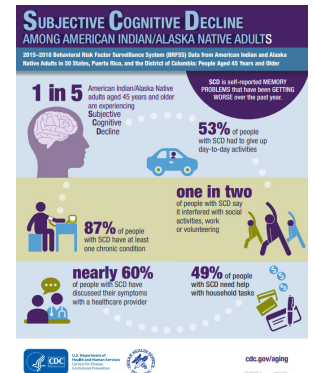
1. Wisdom Keepers Toolkit

<https://ncuih.org/wp-content/uploads/2021/06/Wisdom-Keepers-Toolkit.pdf>

Infographic

1. Subjective Cognitive Decline Among American/Indian/Alaska Native Adult Infographic (US Department of Health and Human Services-Center for Disease Control and Prevention)

<https://www.cdc.gov/aging/data/infographic/2018/docs/2015-2018-american-indian-alaska-native-cognitive-decline-h.pdf>



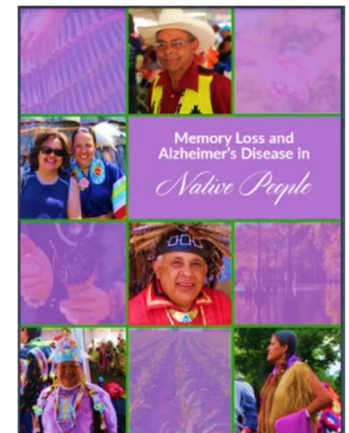
Booklets

1. Memory Loss and Alzheimer's Disease in Native People

<https://alz.org/media/Documents/Memory-Loss-and-Alzheimer-s-Disease-in-Native-People.pdf>

Author: Bureau of Health Professional, Health Resources and Services Administration, Department of Health and Human Services

Description: Alzheimer's is a devastating disease. American Indian people are not strangers to Alzheimer's. This tragic condition has affected Tribal Elders. Families are faced with the struggle of understanding how to cope with caring for their loved ones who have been touched by Alzheimer's while at the same time caring for their children.



2. Healthy Brain Initiative: Road Map for Indian Country

<https://www.cdc.gov/aging/healthybrain/indian-country-roadmap.html>

Alzheimer's disease is the most common type of dementia, and with greater age comes increased risk. Between 2014-2060, the number of American Indian and Alaska Natives aged 65 and older living with memory loss is projected to grow over five times. Today, one of every five American Indian and Alaska Native adults aged 45 and older reported experiencing subjective cognitive decline—increased difficulty in thinking or remembering over the past year—which can be a precursor to dementia. Below are fact sheets for download and printing for reference:

- 10 Warning Signs of Alzheimer's
<https://www.cdc.gov/aging/healthybrain/Indian-Country-ten-warning-signs.html>
- Starting Conversations About Alzheimer's
<https://www.cdc.gov/aging/healthybrain/Indian-Country-starting-alzheimers-conversations.html>
- Indian Country Public Health Programs
<https://www.cdc.gov/aging/healthybrain/Indian-Country-public-health-programs.html>
- Road Map for Indian Country Dissemination Guide
<https://www.cdc.gov/aging/healthybrain/Indian-Country-guide.html>

